

I KNOW 15-YEAR-OLD DYLAN IS HIGH-FIVING THE SHIT
OUT OF ME RIGHT NOW. HE IS STOCKED. I HOPE THAT
BY THE TIME I'M 40 AND LOOK BACK ON 27-YEAR-OLD
DYLAN, HE IS HIGH-FIVING HIM. AND IT'S JUST A LONG
LINE OF HIGH-FIVES ALL THE WAY UP TO DEATH...

social creatures, and going back to the feelings thing, if I have even a slight doubt, I try to talk to at least two close friends about it. That immediately puts me at ease. Also, I do this thing where, if I'm having anxiety, I stop and try to take a breath. I then consider if I'm hungry, if I'm low on sleep or if I'm hungover. This really roots me in the now and I can think 'okay, maybe the symptoms were caused by something you're immediately not looking at rather than your doom speaking for things that are happening in the future'.

How would you define happiness?

Happiness can be as simple as not worrying. Just not overthinking things and allowing yourself to be a little impulsive about what makes you happy. I'm very big on not trying to stir the pot too much for other people. If you find that you're happy doing something, ride that wave as far as it goes and try to live in it more temporarily. I find myself to be very happy right now. I just came off a six-month film shoot in China where I had a super rigid structure. I woke up at 6 am every morning to do three hours of martial arts and language training. Now that I'm back from having that rigid structure (which made me happy), if I want to eat a cookie, I just chow down on that cookie. All those things come in waves.

Where and when do you feel the most content and at peace?

I feel the most content and at peace in two places: when I'm working and when I'm at home. I've been a workaholic throughout my life, and I actually find that I'm at peace when working. Also being at home, lounging on the couch, watching anime with Barbara, snuggling with my dog, and playing video games - true leisure.

How would you visualise falling in love?

I think it's a very loud heart noise. Like being strapped in a slaughter, where you're bouncing back and forth. That's your emotions - like you're in a pinball machine. And you're all over the map, desperately in love, and you find beauty in so much. You're also thinking, 'oh, my god, if I did something wrong, I'm crushed to the core.' That's what I think falling in love feels like. And then the slaughter bounces back and forth until it starts settling in a very comfortable place in the middle.

Let's talk about your upcoming projects. 'Turandot' is an action, fantasy, and romance film. I mean, what's not to like, I like all those things! Right? I do too!

I'm imagining you on a horse with a sword, your hair blowing in the wind... That is exactly what happened on set.

Amazing, tell me more!

It's very exciting. It's based on a Puccini opera. I don't sing in it, thankfully, haha. But it is a fantasy, romance movie taking place during Genghis Khan's reign. I play a prince and my kingdom is destroyed by Genghis Khan.

What? How dare he?

How dare he? But I am struggled out and raised inside of Mongolia. It's a very cool movie that ticked off all the monks my younger self wanted to do in a film: riding horses, fighting with swords, and epic battles.

Do you have epic sword battles?

I do, I do! I have epic sword battles and I also only speak Mandarin in the movie. I don't speak a single word of English, which was incredibly difficult.

From an acting perspective, it sounds like some nice challenges.

I was tired, haha. By the end of the movie, I had lost 35 pounds. That is

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SLIPPERS COACH 1941



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